**Coaching Intake Assessment form**

1. Review assessment form
2. Complete and submit the assessment form.
3. Agree to a free 45-minute telephone/Zoom conversation to discuss your assessment and growth objectives in more detail. At the end of this consultation, both parties can make informed decisions as to whether to engage in a coaching partnership or not, discuss terms, availability and start dates.

**Following your application, (name) will respond to you personally within x working days.**

First Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1: Why did you decide that you wanted to work with a coach now?

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2: What are the main objectives you want to accomplish as a result of working with a coach?

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3: How will you know that you’ve accomplished your main objectives?

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4: Have you worked with a coach before? What was that experience like? Was it beneficial?

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5: What are you looking for from me, as your coach? What are you expectations?

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